# The Forge School TC Core Values



These Core Values were identified through a process of consultation conducted by the <u>Community of Communities</u> (2008). Members of over one hundred TCs across sectors and client groups agreed ten value statements that underpinned their practice and shaped the TC approach.

#### **Attachment**

Healthy attachment is a developmental requirement for all human beings, and should be seen as a basic human right.

### **Containment**

A safe and supportive environment is required for an individual to develop, to grow, or to change.

### Respect

People need to feel respected and valued by others to be healthy. Everybody is unique and nobody should be defined or described by their problems alone.

### Communication

All behaviour has meaning and represents communication which deserves understanding.

# Interdependence

Personal well-being arises from one's ability to develop relationships which recognise mutual need.

#### Relationships

Understanding how you relate to others and how others relate to you leads to better intimate, family, social and working relationships.

## **Participation**

Ability to influence one's environment and relationships is necessary for personal well-being. Being involved in decision-making is required for shared participation, responsibility, and ownership.

### **Process**

There is not always a right answer and it is often useful for individuals, groups and larger organisations to reflect rather than act immediately.

# **Balance**

Positive and negative experiences are necessary for healthy development of individuals, groups and the community.

# Responsibility

Each individual has responsibility to the group, and the group in turn has collective responsibility to all individuals in it.